

# Spring Newsletter

## Seasonal Eye Allergies

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Spring has arrived, along with the common triggers of eye allergies. The beautiful green grass and pollen from the flowers blooming are two of the most common triggers of Seasonal Allergic Conjunctivitis. Symptoms of eye allergies include itchy, watery, red, sore eyes.

It is important to consult a healthcare professional to properly diagnose eye allergies due to the fact that some eye infections can have similiar

symptoms. Proper diagnosis can help determine the best options for treatment. Treatment for allergic conjunctivitis include oral antihistamines and eye drops.

Even over the counter eye drops should be used under the supervision of your eye doctor. Some of these medications should only be used for short periods of time. Also, some medications should not be used by glaucoma patients or people with

high blood pressure or heart problems. There are also a number of prescription eye drops available for the treatment of eye allergies.

See your eye doctor if itchy, watery eyes are keeping you from enjoying the fresh springtime air!

### Office Hours

|        |           |
|--------|-----------|
| Mon.   | 7:30-6:00 |
| Tues.  | 7:30-6:00 |
| Wed.   | 7:30-6:00 |
| Thurs. | 7:30-6:00 |
| Fri.   | 7:30-6:00 |

## Daily Disposable Contacts

If you are a contact lens wearer and suffer from eye allergies, you may have noticed you are replacing your monthly or biweekly lenses sooner than the scheduled replacement time. This is likely because the normal build up on your contact lenses may be heightened during allergy season with airborne allergens settling on your contact lenses.

Daily disposable contact lenses may be a good solution for you. These contact lenses are thrown

away every night and replaced daily with a fresh, clean pair. Therefore, there is no daily build up of protein deposits and allergans. Daily disposable lenses offer increased comfort and clarity. It is a healthy option for your eyes.

As with all contact lenses, there are many brands and types of daily disposables available. One-day lenses are available in many powers. Talk to your optometrist today to see if daily-wear

contacts may be the solution for you this allergy season!



## Designer Sunglasses



Its about time to break out your flip flops and sunglasses for the warm spring weather! Vienna Eye Clinic is the place to go for designer sunglasses this year. Have you ever seen a pair of sunglasses on a celebrity and wished you could have the same ones? Well we have them and at affordable prices.

When many people think of sunglasses the name Ray-Ban comes to mind. From the classic Wayfarer to Jackie Ohh styles, even kids Ray-Ban sunglasses, we have them all!

We are also now carrying Vogue, DKNY, Polo by Ralph Lauren, Burberry, and Anne Klein. All of these sunglasses are sure to keep you looking fresh and in style this spring while protecting your eyes from the sun.

Ask about our special on sunglasses for the month of April!

*Check us out  
online at*

[www.viennaeyeclinik.com](http://www.viennaeyeclinik.com)

[www.facebook.com/viennaeyeclinik](https://www.facebook.com/viennaeyeclinik)

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